

Sodium Ascorbate Zinc

ImmunPro™

500 mg / 10 mg F ilm- Coated T ablet

FORMULATION

Each film-coated tablet contains:

Sodium Ascorbate (Vitamin C)	500 mg
Zinc Sulfate Monohydrate (equivalent to 10 mg elemental Zinc)	27.5 mg

PHARMACOLOGIC CATEGORY

Vitamin - Mineral

PRODUCT DESCRIPTION

This product is a light peach, biconvex, elliptical, film-coated tablet, plain on both sides.

WHAT IS IN THE MEDICINE?

This nutritional supplement contains vitamin C and zinc.

Vitamin C and zinc together help the body's natural defense against damaging free radicals (antioxidant effect) and help boost immune function. Free radicals are highly reactive and unstable chemicals generated during normal body activities that require oxygen (e.g., respiration, digestion, blood circulation, immune system response, increased physical activity, etc.) and after exposure to UV light, cigarette smoke and various pollutants. One major effect of zinc is on the ability of cells to properly replicate their DNA, which is required for cells to multiply. Hence, zinc is needed for normal growth, cell renewal and cell repair. Vitamin C and zinc also function as cofactors of enzymes involved in collagen formation and synthesis. Collagen provides strength and elasticity to the skin and helps promote faster wound healing.

Important functions of vitamin C and zinc:

NUTRIENTS	FUNCTIONS
Vitamin C	<ul style="list-style-type: none">· The body's major water-soluble antioxidant which acts as first defense against free radicals in the aqueous (water) phase including blood, plasma and other intracellular and extracellular fluids· A cofactor of enzymes involved in the formation of collagen, the most abundant protein essential in the formation of bones, teeth, cartilage, and skin. Collagen provides strength and elasticity to the skin and helps promote faster wound healing· Forms part of the body's natural immune system; it stimulates the activity of antibodies and immune cells which inhibit foreign antigens such as bacteria and viruses that are harmful to the body
Zinc	<ul style="list-style-type: none">· Cofactor of various enzymes involved in cell division and growth· Required for the normal development and maintenance of the immune system; helps regulate the activity of cells involved in immune function· Functions as an antioxidant by being a cofactor of the enzyme superoxide dismutase which is involved in the removal of harmful free radicals· Essential for skin integrity and wound healing; it stabilizes cellular components and membranes and promotes tissue renewal and repair by acting as a cofactor of enzymes involved in protein and collagen synthesis

STRENGTH OF THE MEDICINE

Please see formulation.

WHAT IS THE MEDICINE USED FOR?

This nutritional supplement is for the treatment and prevention of vitamin C and zinc deficiencies.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Adult Dose:

Orally, one tablet once a day. Or, as directed by a doctor.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

If you are allergic to any component of the product.

UNDESIRABLE EFFECTS

Vitamin C

· Vitamin C is usually well tolerated. However, nausea, vomiting, heartburn, abdominal cramps, fatigue, flushing, insomnia, and sleepiness have been reported with high doses of vitamin C, particularly ascorbic acid (i.e., 1 g or more daily).

Zinc

· Gastrointestinal side effects such as nausea and vomiting are seen with doses of elemental zinc greater than 40 mg.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

The amount of nutrients in the product is not expected to interact with food or other medicines.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?

If you miss the dose for the day just take the next dose and the subsequent doses at the usual recommended schedule, i.e., once a day.

Do not double the dose unless recommended by a doctor.

HOW SHOULD YOU KEEP THIS MEDICINE?

- Store at temperatures not exceeding 30°C.
- Keep the product out of sight and reach of children.

SIGNS AND SYMPTOMS OF OVERDOSAGE

Vitamin C

· Prolonged intake of vitamin C in excess of 2 g/day may lead to nausea, abdominal cramps, diarrhea, and nose bleeds.

Zinc

· Rare occurrences of acute zinc poisoning have been reported. The toxicity signs observed after ingestion of high zinc doses (4 to 8 grams) include nausea, vomiting, diarrhea, fever, metallic taste, and lethargy (sleepiness).

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE

- Ask a doctor before use if you are on a sodium restricted diet. Each tablet contains 65 mg of sodium (as sodium ascorbate).
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

· If any undesirable effect occurs.

AVAILABILITY

Box of 100 Film-Coated Tablets (Flex Foil Strip x 4's)

Trusted Quality Healthcare



For suspected adverse drug reaction, seek medical attention immediately and report to the FDA at www.fda.gov.ph. AND Unilab at (+632) 858-1000 or productsafety@unilab.com.ph. By reporting undesirable effects, you can help provide more information on the safety of this medicine.

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