

ZINC OXIDE

RASHFREE™

200 mg/g Ointment
Skin Protectant

FORMULATION

Each gram ointment contains:

Zinc oxide 200 mg (20%)

PRODUCT DESCRIPTION

Zinc oxide (Rashfree™) 200 mg/g Ointment is a white, smooth and non gritty homogeneous ointment that spreads uniformly, with characteristic odor.

WHAT IS IN THE MEDICINE?

This medicine contains zinc oxide, a skin protectant. Zinc oxide acts as a physical barrier that soothes the skin and prevents it from coming into direct contact with external irritants. This protective effect prevents worsening of the condition and promotes the normal healing processes of the skin.

STRENGTH OF THE MEDICINE

Please see formulation.

WHAT IS THIS MEDICINE USED FOR?

- This medicine is used for the prevention and treatment of diaper rash by preventing wetness from coming into direct contact with the skin.
- It also promotes healing of minor skin irritations, non-infected wounds and burns, abrasions, cuts, chafed skin, and sunburn.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Directions for Use

Wash hands before and after each application.

For diaper rash:

- Change wet and soiled diapers promptly.
- Clean the diaper area and allow it to dry.
- Apply zinc oxide ointment as often as necessary, with every diaper change, particularly at bedtime or when the skin may be exposed to wet diapers for a long period of time.

For other minor skin conditions:

- Clean the affected and surrounding areas of the skin with mild soap.
- Rinse thoroughly with water and pat dry.
- Apply a sufficient amount of zinc oxide ointment and rub gently on the affected areas of the skin once or twice daily. Use gauze dressing when needed.

Or, as directed by a doctor.

WHEN SHOULD YOU NOT USE THIS MEDICINE?

If you are allergic to any component of the product.

UNDESIRABLE EFFECTS

Zinc oxide ointment is generally well tolerated.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE USING THIS MEDICINE?

No harmful interactions have been reported with zinc oxide ointment.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?

Just apply the missed dose if still needed for the particular condition being treated and then continue with your regular dosing schedule. Do not double the dose.

HOW SHOULD YOU KEEP THIS MEDICINE?

- Keep container tightly closed.
- Keep the product out of sight and reach of children.
- Store at temperatures not exceeding 30°C.
- Do not freeze.

SIGNS AND SYMPTOMS OF OVERDOSAGE

When used as recommended, an overdose of topical zinc oxide is unlikely to occur.

WHAT TO DO WHEN YOU HAVE USED MORE THAN THE RECOMMENDED DOSAGE?

If you have used more than the recommended dosage, or in case of accidental swallowing, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN USING THIS MEDICINE

- For external use on the skin only.
- Avoid contact with the eyes. If the ointment comes in contact with the eyes, rinse out promptly and thoroughly with water.
- Do not use on skin conditions which may be infected by bacteria or fungi.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

- If condition worsens or does not improve within 7 days.
- If undesirable effects are experienced, stop use and consult a doctor.

AVAILABILITY

Zinc oxide (Rashfree™) 200 mg/g Ointment in aluminum collapsible tube of 30g.

DATE OF REVISION OF PATIENT INFORMATION LEAFLET (PIL): April 2013

Manufactured by
Amherst Laboratories, Inc.
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