


# Sodium Ascorbate

 **United Home**<sup>®</sup>  
**Ceetab**<sup>®</sup> **Premium**  
568.18 mg CAPSULE  
VITAMIN

Read all of this leaflet carefully before you start taking this medicine.

- It is essential that you follow your doctor's advice
- It gives you important information about your medicine.
- If you want to know more, or you are not sure about anything, ask your pharmacist or doctor.
- Keep the leaflet until you have finished the medicine.

## WHAT'S IN YOUR MEDICINE?

Sodium ascorbate is a very faintly yellow crystalline powder encapsulated in vegee cap of HPMC dark green cap and body size zero. Each capsule contains 568.18 mg of active ingredient Sodium Ascorbate.

## ABOUT YOUR MEDICINE

Sodium Ascorbate may be used for the treatment of scurvy (vitamin C deficiency).

## BEFORE TAKING YOUR MEDICINE

Make sure you have told your doctor if you:

- Are pregnant, plan to become pregnant or are breastfeeding
- Have been taking vitamin C for a long time. Talk to your doctor as you may need to stop taking them slowly as sodium ascorbate can alter your kidney function.
- Are taking antacids (indigestion remedies) which contain aluminum
- Are taking aspirin as it can interfere with the absorption of sodium ascorbate.
- Are taking desferrioxamine (used to treat excessive absorption and storage of iron and some abnormalities)

If you see another doctor, need blood or urine tests, or go into hospital, let your doctor know what medicines you are taking.

## TAKING YOUR MEDICINE

Your doctor has decided the dose which is best for you. Always follow your doctor's instructions exactly and those on the pharmacy label.

If you do not understand anything, ask your doctor or pharmacist.

The usual dosage(s) are described below:

For daily maintenance, take 1 to 2 capsules daily.

For cold symptoms, take 3 to 4 capsules daily;

Or, as prescribed by your physician.

The capsule should be taken as instructed in the label. Continue to take them for as long as your doctor tells you to. It may be dangerous to stop without their advice.

If you forget to take a dose, take another as soon as you remember and then your next dose at the usual time. Never take two doses at the same time.

If you are elderly, it is particularly important to take this medicine exactly as directed by the doctor.

If you accidentally take more than your prescribed dose, contact your nearest hospital casualty department, or tell your doctor immediately. Take any remaining capsules and the container with you.

## AFTER TAKING YOUR MEDICINE

Like any other medicines, Sodium Ascorbate may occasionally cause side effects in some patients, particularly when you first start taking it. These may include:

Effects on the stomach: Nausea, vomiting, diarrhea, stomach cramps.

Other effects: Flushing or redness of skin, headache, a mild increase in urination.

You should consult your doctor if these are troublesome or continue. If you get any other unusual effects, tell your doctor immediately and seek advice.

## STORING YOUR MEDICINE

Do not use the medicines after the expiry date shown on the product packaging. Keep the medicines in a cool dry place, and in the original packaging. Keep them in a secure place where children cannot get at or see them. Remember, this medicine is for you only. Never give it to anyone else. It may harm them, even if their symptoms are the same as ours. Unless your doctor tells you to, do not keep medicines that you no longer need – give them back to your pharmacist for safe disposal.

For suspected adverse drug reaction, seek medical attention immediately and report to the FDA at [www.fda.gov.ph](http://www.fda.gov.ph) AND Unilab at (+632) 858-1000 or [productsafety@unilab.com.ph](mailto:productsafety@unilab.com.ph). By reporting undesirable effects, you can help provide more information on the safety of this medicine.

## AVAILABILITY

Sodium Ascorbate ( UnitedHome<sup>®</sup> Ceetab<sup>®</sup> Premium) 568.18 mg Capsule, in green colored blister pack by 10's (Box x 100's).

## DATE OF REVISION:

## DATE OF FIRST AUTHORIZATION:

Manufactured by Am-Europharma Corporation  
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